Health investment

- Lifestyle disease Health check measures
- Introduction of welfare scheme Various subsidy programs
- Mental health measures
- Enhanced work-life balance
- Establishment of occupational health system

Health investment effect

Indicators for status of initiatives on health investment measures

- Lifestyle disease Expansion of health screening services
- Web training on health literacy
- Recommendation of follow-up health check
- Subsidies for vaccination
- Company-provided lunch Provision of healthy lunchboxes
- Subsidies for gym membership Subsidies for sports club activities
- Self-care training
- Cooperation with external experts
- Reduction in overtime work
- Establishment of support system for work-life balance

Indicators for changes in staff awareness and behavior

- Higher ratio of staff undergoing checks for lifestyle disease
- Higher ratio of staff undergoing detailed post-check examinations if required
- Increased vaccination uptake
- Higher ratio of staff maintaining healthy bodyweight
- Higher ratio of staff with an exercise routine
- Higher ratio of staff undergoing stress checks
- Reduction in number of staff experiencing high stress
- Better work-life balance
- More male employees taking childcare leave

Ultimate health-related goals

- Lifestyle disease Reduction in number of staff with abnormal health check results
- Prevention of disease progression through early therapeutic intervention
- Better employee health literacy
- More active communication
- Increase in employees who feel comfortable at work
- Lower absenteeism (persons on leave from work)
- Lower presenteeism (persons undertaking work despite facing health issues)
- Better engagement

Management issues to be solved with health management

We work to build a healthy workplace through the establishment of a working environment that ensures both comfort and a sense of worth at work, therefore enabling each and every employee to stay physically and mentally healthy while working with peace of mind.

Through this, we aim to achieve sustainable corporate growth and increased corporate value.